

# Fitting Instructions #1388IS

Subaru Forester, Legacy, Liberty, Outback, WRX

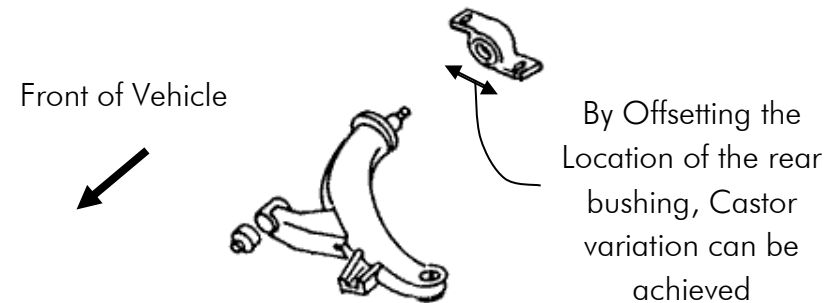
## Control Arm Lower Inner Rear Kit



**Note:** Polyurethane bushings must be fitted to both sides of the vehicle;

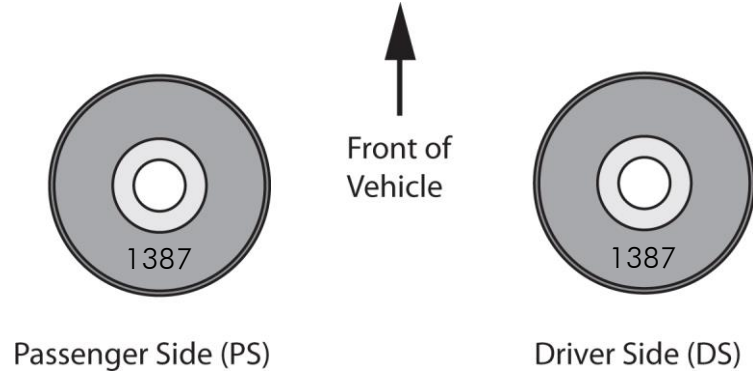
- Wheel-align the vehicle before the job is started and note settings;
- With the vehicle on a chassis hoist and wheels unsupported, remove underbody guards (and cross-brace if fitted) to allow access to mounts. Unbolt the lower control arm rear mount from the vehicle. Note the orientation of the bracket in the vehicle before removing. The rear end of the arm can be levered down sufficiently to allow the mount to be removed from the mounting pin of the control arm. Lubricant may assist in the removal of the mount;
- Remove original shell part from the housing with the use of a hydraulic press and suitable pressing tools;
- With reference to the diagrams and the settings required, align the bushing with the bracket so that the hole in the bushing is positioned to give the desired result;
- Press the bushings into the housings;
- The crush tubes can now be fitted to the bushings. Take note that the bore is tapered, the larger end faces the front of the vehicle. A generous amount of the white grease supplied must be applied to both the bore of the bush and the outside of the crush tube;
- Refit the bracket with the new bushings to the vehicle;
- Wheel-align vehicle and check new settings;
- Refit all cross-braces and guards which had been removed;
- All mounting bolts are to be torqued to manufactures specifications.

Left Hand Side Shown



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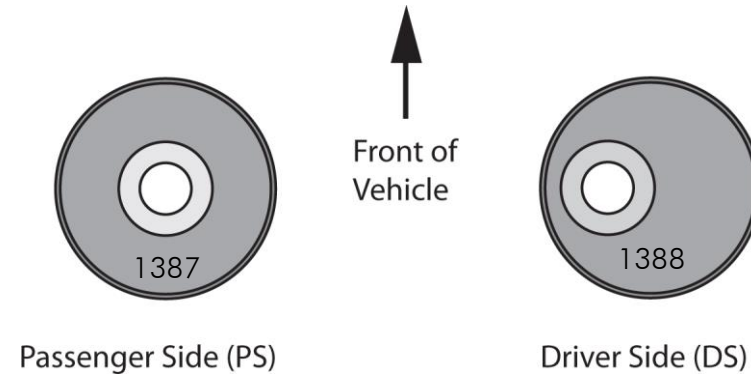
Kit #1387K – Standard Replacement, no castor



Kit #1388K – to counteract a slight pull to the left

Single Offset, Driver side castor decrease

*Note:* Castor increase cannot be achieved as the Control arm / washers will foul the chassis



Kit #1388AK – Autocross Kit, Anti-lift + Castor increase both sides

*Note:* 2 x new washers are supplied in this kit

They are slightly smaller in diameter and are used to replace the original rear side washers. (The original washers will foul the chassis rail when offset bushes are fitted in these positions.) Check that adequate clearance is maintained between the control arm and the vehicle underbody.

