## Fitting Instructions #4181IS Volkswagen Golf Mk7 *Rear Control Arm Lower Inner Bushing*

- o Jack the vehicle up and support on jack stands;
- o Remove the lower control arms;

Note: before removing the bushes, add a split spacer ring as it is shown in the picture;

- Remove original shell/bush part from the housing with the use of a hydraulic press and suitable pressing tools;
- Install the new bush as it is shown in the picture. Do not remove the split spacer ring before pressing the new bushes;
- o Apply the white grease supplied to the bore of the bush and the outside of the crush tube;
- o Push in the crush tube;
- o Refit the control arm to the vehicle. Tighten all bolts to manufactures torque settings;
- o Carry out a wheel alignment.





*Note:* Polyurethane bushings must be fitted to both sides of the vehicle. This kit should be installed by a Qualified Motor Mechanic.